

Housing

Landlord and Tenant Information (Rentalsman)..... 1-506-658-2512
Retirement Miramichi.....773-0820
Special Care Homes - Social Development N.B.1-866-441-4246

EMERGENCY HOUSING

Canadian Red Cross Disaster Service1-800-222-9597
Salvation Army622-7826

SENIORS HOMES, INCLUDING RELIEF CARE

Miramichi Senior Citizen's Home.....778-6810
Mount Saint Joseph's Nursing Home778-6550

Medical Clinics

Miramichi After Hours Clinics:

250 Pleasant St.622-6562
2 Johnson Ave. 778-9942
Miramichi Health Center.....627-7511

Service Agencies

Alzheimer's Society.....773-7093
Arthritis Society, New Brunswick..... 1-800-321-1433
Canadian Cancer Society..... 1-800-455-9090
Canadian Diabetes Association..... 1-800-884-4232
Canadian Hard of Hearing (CHHA)1-800-263-8068
Canadian National Institute of the Blind (CNIB)1-800-563-2642
Miramichi Physically Disabled & Handicapped Ass.773-9437

Wellness & Recreation

Adult Day Care program778-6814
Community Wellness & Recreation - For information on senior sports and recreation visit www.miramichi.org or call623-2300
Libraries (access to computers, Internet, fax, & photocopier):
Chatham773-6274
Newcastle.....623-2450
Miramichi Transit - For printable bus schedules, maps, and rates visit www.miramichitransit.com or call773-9437
New Brunswick Community College.....778-6000
Royal Canadian Legion Branch #10622-1809

For community events and information visit www.mightymiramichi.com

FREQUENTLY CALLED NUMBERS:

Seniors

INFORMATION GUIDE

Programs and Services in the City of Miramichi

2018



St. Andrew's United Church Seniors Outreach Program

188 Wellington Street • Miramichi, NB E1N 2M7

PHONE: 773-9932 EMAIL: chathamstauc@nb.aibn.com

Senior's Guide available online at:
www.standrewsunitedmiramichi.org

Counselling & Support

Addictions and Mental Health Services	778-6111
Canadian Council of the Blind (CCB)	1-877-304-0968
CCB Miramichi Chapter	622-4997
Caring Friends.....	778-6680
Hospice Day Program (progressive illness support group)	773-7607
24/7 Mental Health Help Line	1-800-667-5005
The United Ostomy Ass. Of Canada, Miramichi Chapter.....	622-3317

Elder Abuse/Legal/Safety

AMBULANCE/EMERGENCIES	911
Elder Abuse - Social Development N.B.	1-866-441-4246
Fraud - Call Miramichi Police or contact the Financial & Consumer Services Commission.....	1-866-933-2222
Legal Aid New Brunswick.....	622-1061
Lifeline	778-6810
Miramichi Emergency Centre for Women	622-8865
Miramichi Police (non-emergency)	623-2124
N.B. Power	1-800-663-6272
RCMP (non-emergency).....	1-888-506-7267
Victim Assistance Services	627-4065

Food Sources

Friendship Supper (Salvation Army).....	622-7826
St. Andrews United Community Kitchen.....	773-9932
St. Mary's Community Kitchen	773-7387
Meals on Wheels.....	778-6850
Miramichi Food Bank	622-1838

Government Services

City of Miramichi.....	623-2200
------------------------	----------

GOVERNMENT OF CANADA

Canada Pension Plan/Old Age Security	1-800-277-9914
Canada Revenue Agency, GST/HST	1-800-959-1953
Income Tax (volunteer income tax program).....	1-800-959-8281
Service Canada information on federal programs	1-800-622-6232
Veterans' Affairs.....	1-866-522-2122

GOVERNMENT OF NEW BRUNSWICK

Low-Income Senior's Benefit.....	1-800-669-7070
Medicare NB	1-888-762-8600
N.B. Prescription Drug & Seniors' Health Benefit Programs Medavie Blue Cross.....	1-800-667-4511
Seniors Information Line	1-855-550-0552
Service New Brunswick Offices – information on provincial services (property tax, motor vehicles, disabled parking permits, etc.) Pleasant Street.....	627-4555
Social Development N.B. (affordable housing, social assistance, long-term care, adult protection, etc.)	1-866-441-4246

Health Care Equipment

Local pharmacies.....	
Miramichi Medical Supplies Ltd.....	778-8811
Miramichi Physically Disabled & Handicapped (loans)	773-9437
Red Cross Equipment Loan Program	622-4046

Health Services

Asthma Clinic	627-7565
Cardiac Wellness	623-3286
Extra Mural	623-6350
Miramichi Regional Hospital	623-3000
Clinical Nutrition	623-3500
Regional Diabetes Program.....	627-7500
Public Health	778-6102
Tele-Care (non-urgent health problems).....	811

Home Support Services

Canadian Red Cross Home Support	1-800-588-4881
Heel to Toe (mobile foot care).....	625-9513
Hospice Outreach Program	773-7607
Karen's Cut & Go.....	627-8600
KRT & Associates Home Health Care	622-5400
Martha's Gentle Footcare (mobile foot care)	625-9640
Miramichi Accessible Transit (M.A.T. Vans)	773-9437
Miramichi Health Training Center (home health care).....	773-7971
Unicare Home Health Care	622-0808
Vital Images Mobile Hair Care.....	251-0228